



Table of Contents

DUCATION CALENDAR JANUARY-JUNE 2024.	3			
EATURED PROGRAMS	5			
NETWORK MEETING	5			
Bb. LIVE	7			
HAIR IN MOTION EDUCATION	9			
COPENHAGEN FASHION WEEK	11			
CURLS & BUBBLES	13			
SCALP SOLUTIONS PROFESSIONAL TREATMENTS	14			
DISCOVER AVEDA & RITUALS OF RENEWAL	15			
BENCHMARKING 2.0	17			
DDITIONAL PROGRAMS				
HAIR COLOR	18			
HAIRSTYLING	2			
HAIRCUTTING	2			
LW SCHOOL OF MAKEUP	2.			
VEDA UPCOMING CLASSES	24			
VEDA EDUCATION	20			
VEDA PUREPRO	3			
VEDA & BUMBLE AND BUMBLE				
NTERNATIONAL PORTOFOLIO	3			
ERMS AND CONDITIONS & HOW TO BOOK	38			



Course Offerings JANUARY-JUNE 2024

	JANUAR	DATE	TIME	WHO	WHERE	PRICE
	Aveda Hair Color Systems Virtual	o9.jan	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color Solutions Virtual	10.jan	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color DEEP Systems Virtual	11.jan	09:00-11:00	Louise Kjær	Virtual	Free
	New talent of hair color	18.jan	10:00-15:00	Louise Kjær	WAO	Free
	Nettverksmøte Live	23.jan	09:30-12:00	WAO Team	WAO	Free
	Nettverksmøte Virtual	24.jan	09:00-10:30	WAO Team	Virtual	Free
	Art of color consultation	30.jan	10:00-11:30	Louise Kjær	WAO	Free
	FEBRUAR					
	Discover Aveda and Rituals of renewal	o6.feb	10:00-13:00	SDP	WAO	Free
	Aveda Product Knowledge	o7.feb	10:00-13:00	SDP	WAO	Free
	Alchemy of Hair Color Virtual	13.feb	09:00-11:00	Louise Kjær	Virtual	Free
	Art of color consultation Virtual	14.feb	09:00-10:30	Louise Kjær	Virtual	Free
	Pure styling Virtual	15.feb	09:00-10:30	Louise Kjær	Virtual	Free
	Aveda Full Spectrum Demi+	28.feb	10:00-13:00	Louise Kjær	WAO	Free
	Copenhagen Fashion Week Edition					
	with Mette Thorsgaard COPENHAGEN	27.feb	18:30-20:30	Mette Thorsgaard	Brønnums Hus	1500 NOK/SEK 1100 DKK
	Copenhagen Fashion Week Edition					
	with Mette Thorsgaard OSLO	29.feb	18:00-20:00	Mette Thorsgaard	WAO	1500 NOK/SEK 1100 DKK
	MARS					
	Aveda Product Knowledge Copenhagen	o4.mar	09:00-12:00	SDP	Brønnums Hus	Free
	Discover Aveda and Rituals of					
	renewal Copenhagen	o5.mar	09:00-12:00	SDP	Brønnums Hus	Free
	Bb. Live	o8.mar	19:00	WAO	Ingensteds	By invitation
	Hair in motion Haircutting and Hair color					
	Look and learn with Charles Gray and Lotte Myrseth	10.mar	14:00-17:00	Charles Gray & Lotte Myrseth	WAO	2900 NOK/SEK 1900 DKK
	Hair in motion Haircutting					
	Workshop with Charles Gray	11.mar	10:00-17:00	Charles Gray	WAO	4500 NOK/SEK 3500 DKK
	Aveda Hair Color Systems Virtual	12.mar	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color Solutions Virtual	13.mar	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color DEEP Systems Virtual	14.mar	09:00-11:00	Louise Kjær	Virtual	Free
	Scalp Solutions Professional Treatments	19.mar	10:00-17:00	Mette Louise Omtvedt	WAO	Free
	Alchemy of hair color	21.mar	10:00-13:00	Louise Kjær	WAO	Free
	APRIL					
	Benchmarking 2.0	o4.apr	09:00-17:00	Ulf Schjerpen	WAO	3500 NOK/SEK 2600 DKK
	Pure styling	11.apr	10:00-12:00	Louise Kjær	WAO	Free
	Discover Aveda & Rituals of Renewal	15.apr	10:00-13:00	SDP	WAO	Free
	Aveda product knowledge	16.apr	10:00-13:00	SDP	WAO	Free
	Cultivate your color	18.apr	10:00-17:00	Louise Kjær	WAO	Free
	Aveda Hair Color Systems Virtual	22.apr	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color Solutions Virtual	23.apr	09:00-11:00	Louise Kjær	Virtual	Free
	Aveda Hair Color DEEP Systems Virtual	24.apr	09:00-11:00	Louise Kjær	Virtual	Free
	Curls and Bubbles look and learn with Krølleløftet					
	feat. New Aveda Be Curly Advanced	25.apr	18:00-21:00	Krølleløftet	WAO	1500 NOK/SEK 1100 DKK
	Curls and Bubbles look and learn with Krølleløftet					
	feat. New Aveda Be Curly Advanced	29.apr	18:00-21:00	Krølleløftet	WAO	1500 NOK/SEK 1100 DKK
						0





BUSINESS

WELCOME TO RIDDERVOLDS HOUSE

NETWORK MEETING AVEDA + BUMBLE AND BUMBLE LIVE AND VIRTUAL

LIVE:

JANUARY 23

TIME: 09:30 - 12:00

WHERE: RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: FREE

VIRUAL:

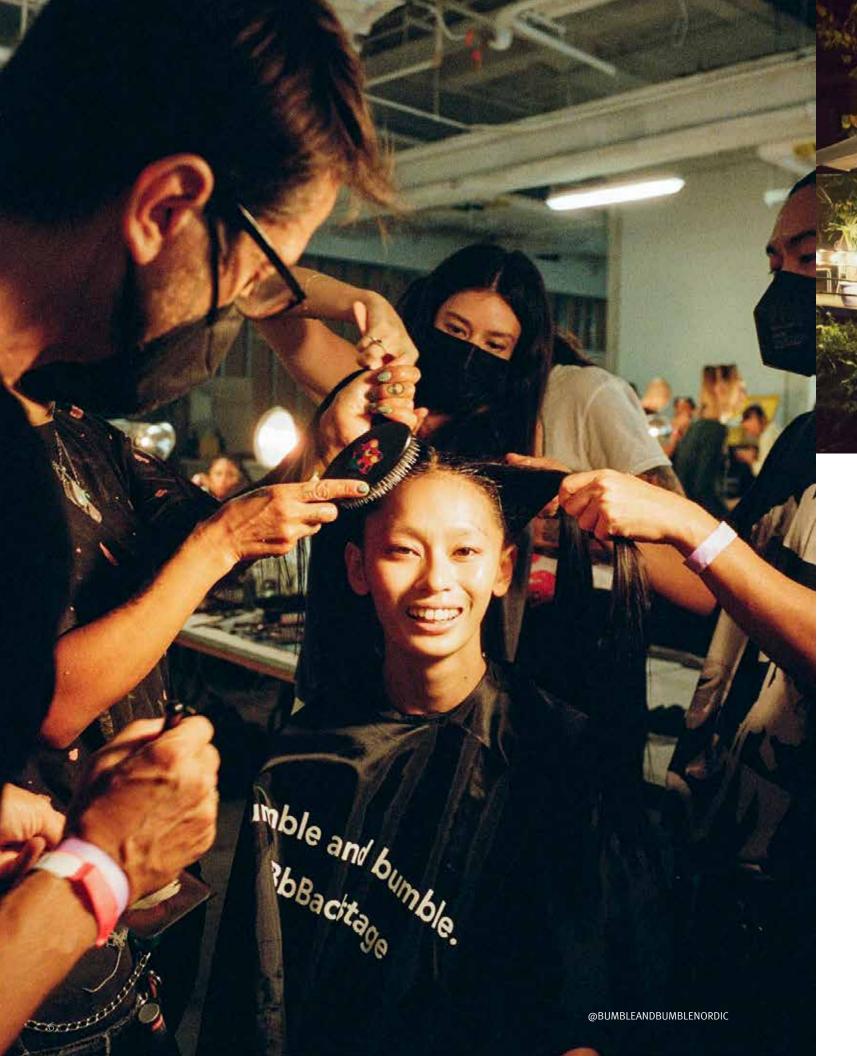
JANUARY 24

TIME: 09:00 - 10:30

PRICE: FREE

AVEDA
Bumble and bumble.

REGISTER VIA SDP/RBC



Bb. LIVE

Bumble and bumble.

Join us at Ingensteds in Oslo Central for a hair artist's dream night!

This exclusive, free event is your ticket to a world of creativity and inspiration.

Marvel at live demos and cutting-edge styles from Bumble and bumble's top educators, Jørgen Bech, Elliott Solli, Birger Løkeng and Hani Ammar. Get ready to be inspired and take your artistry to new heights. Connect with fellow artists, share stories, and spark collaborations that could redefine your craft. The energy of like-minded enthusiasts awaits. With something good in your glass, immerse yourself in an evening of free-flowing creativity. It's a celebration of you and your craft.

Mark your calendar for this unmissable night of Bb.Live. RSVP now to your SDP or RBC and secure your place! Join us for an evening of social, creativity, and inspiration. Bb.Live is calling – don't miss out!

OSLO

MARCH 8 TIME: 19:00

WHERE: INGENSTEDS - Brenneriveien 9, 0182 Oslo

PRICE: BY INVITATION



HAIRCUTTING AND HAIR COLOR

Hair in motion education

CHARLES GRAY @hairinmotioneducation AND LOTTE MYRSETH



LOOK AND LEARN WITH CHARLES GRAY AND LOTTE MYRSETH

Join us for a day of Education with the Hair In Motion education team Lead by Founder Charles Gray and supported by Colourist Lotte Myrseth, where they will be displaying a range of cutting and colouring techniques aimed at salon friendly use whilst focused on fashion forward looks. See how the team envision trends in 2024 with this immersive seminar where you will be left inspired and motivated with a first of its kind for the brand in Oslo norway.

LOOK AND LEARN

MARCH 10 TIME: 14:00 - 17:00

WHERE: WAO - RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: 2900 NOK/SEK 1900 DKK

WORKSHOP WITH CHARLES GRAY

Join Charles Gray for an intimate hands on cutting workshop where you will get the chance to work up close and personal with Charles as he guides you through either a live model or a mannequin head practical session so you can gain a deeper understanding of Charles visions and process to cutting and styling hair whilst being able to ask questions so you get the most out of the education.

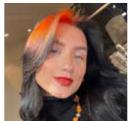
WORKSHOP

MARCH 11 TIME: 10:00 - 17:00

WHERE: WAO – RIDDERVOLDS GATE 4, 0256 OSLO

CHARLES GRAY

PRICE: 4500 NOK/SEK 2900 DKK



LOTTE MYRSETH

Lotte Myrseth is a norwegian hairdresse with over 10 years of experience in the hair industry. She has been educating hair color and how to succeed on social media for 8 years, travelling all over Norway, doing hands on workshops, look and learns and hair shows.

@lottemyrseth

In 2019 she won Norways Hair influencer of the year award due to all the work she puts in sharing her knowledge and inspiring all artists. She is also known for representing hair at @Beautybloggerne, which is a platform for all beauty.

In the fall of 2023 she opened her first salon «Paff» in downtown Oslo, Norway.



@charliegray248

After 13 years in the hair and fashion industry, Charles has become one of the leading educators within men's hairdressing across the globe with a formidable reputation and unparalleled experience to most. Charles has recently set his sights on the fashion & editorial world by drumming up work with top brands such as Vetements, FILA, Haider

Ackermann, Represent Clothing and Pretty Green just to name a few.

Charles' unique sense of styling has lead him to the stage of working under management at Leftside-Creative. With a wealth of experience, including working in men's fashion week and assisting top session stylists such as Eugene Souleiman & Jody Taylor for big campaigns, there's no surprise that Charles has been requested to style hair in front of thousands at worldwide events.

Charles now has his sights set on nurturing the next generation of budding Stylists and Educators through his unique online courses to follow in his footsteps.





HAIRSTYLING

LOOK AND LEARN

COPENHAGEN FASHION WEEK EDITION WITH METTE THORSGAARD

Copenhagen based hairstylist Mette Thorsgaard is regarded amongst the most accomplished session hairstylists in scandinavia, working within the core of the fashion industry. Mette have more than 18 years experience working with hair.

Her signature of effortless chic hair has made a long list of shows, advertising clients and editorial work such as H&M, Ganni, Acne studios, Zara, Nike, Sophie Bille Brahe, Pandora, Cecilie Bahnsen, Georg Jensen, Muse magazine, British Vogue, Vogue scandinavia, Numéro magazine, among others.

For COPENHAGEN FASHION WEEK AW24, January 29th to February 2nd, Mette will be representing AVEDA.

We invite you to come witness how she thinks and works during Copenhagen Fashion Week, she will showcase the looks and what products and tools she used to create them.

OSLO

FEBRUARY 29

TIME: 18:00-20:00

WHERE: RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: 1500 NOK/SEK 1100 DKK

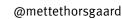
COPENHAGEN

FEBRUARY 27
TIMF: 18:30-20

TIME: 18:30-20:30 WHERE: BRØNNUMS HUS,

August Bournonvilles Passage 1 (Kgs Nytorv)

PRICE: 1500 NOK/SEK 1100 DKK







CURLS & BUBBLES

LOOK AND LEARN

KRØLLELØFTET

FEATURING NEW AVEDA BE CURLY ADVANCED

Get ready for an enlightening experience at the "Curls and Bubbles" Look and Learn course with Krølleløftet and Aveda.

In this 2.5-hour session dedicated to textured hair, Natalie Beckford will share practical styling tips, demystifying cutting techniques tailored for different curl types. Concurrently, Lalla will take you on a journey through the history of textured hair, shedding light on its evolution and the current trends in the Nordic hair care market.

This Look and Learn opportunity is crafted to provide participants with an understanding of working with textured hair. Krølleløftet's knack for simplifying complex styling procedures ensures that attendees leave with practical, usable knowledge. Simultaneously, Krølleløftet's exploration of the historical and contemporary aspects of textured hair provides a broader perspective. By the end of the session, participants will not only be inspired but will have gained valuable knowledge on how to cut and style curly hair.

To add a touch of sophistication, this Look and Learn will be accompanied by a glass of bubbles.

New Aveda Be Curly Advanced

APRIL 25 TIME: 18:00-21:00 APRIL 29 TIME: 18:00-21:00

WHERE: WE ARE ONE – RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: 1500 NOK/SEK 1100 DKK

LEVEL: DISCOVER



NATALIE BECKFORD

Natalie started her hairdressing career at Adam and Eva in 2016 and is the proud winner of "Hairdresser of the Year in 2021".

She has chosen to specialize in curls and 90% of her customers at Adam and Eva are curl customers! @bvnataliebeckford

Natalie holds a course in curls and textured hair at Adam and Eva School and Academy and now wants to inspire and engage hairdressers all over the country to take care of all kinds of customers and all kinds of hair.



For over four years, Lalla has written about the natural hair wave and inspired readers to start their own hair journeys towards healthy and natural hair.

Lalla runs the website Krølltopp.no -

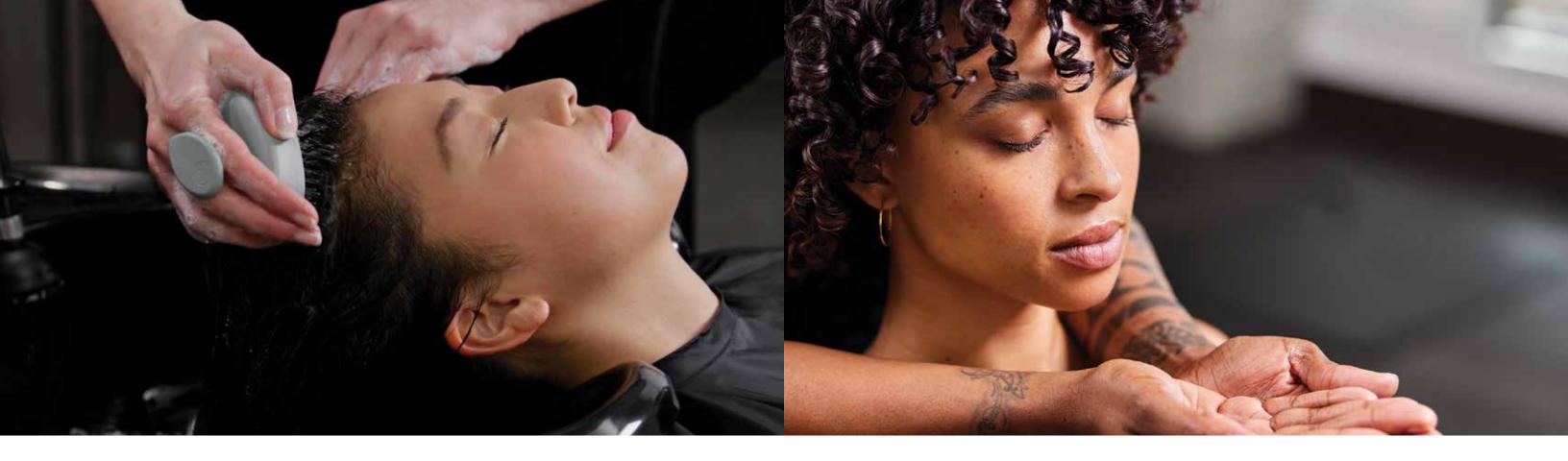
Norway's largest website for curls

@lallacoulibaly

Through campaigns, lectures and courses, Lalla contributes to the growth of natural hair waves in Norway. Now she works strategically with the Norwegian beauty industry to create awareness around hair and representation

Lalla Coulibaly

and textured hair.



PROFESSIONAL SCALP AND HAIR TREATMENTS

SCALP SOLUTIONS PROFESSIONAL TREATMENTS

VISIBLY TRANSFORM HAIR AT THE SOURCE

Scalp health and care should be a part of every guest touchpoint. Guests come to us to understand how to not only address specific scalp concerns but also how to achieve their healthiest hair. It all starts at the scalp. Powered by Scalp Solutions, the Scalp Renewal Headspa, a luxurious, high-touch treatment, features professional-only products powered by plant actives to address key scalp concerns and help defend against the visible signs of premature scalp aging. This relaxing, sensorial scalp reset is designed to renew the scalp and senses and deliver visibly shinier, healthier hair after one service. This full-day, hands-on class for stylists allows you to learn, practice and receive the Scalp Renewal Headspa. Take your guest care to the next level with this luxurious, results-driven experience.

LEARN

14

- How to maximize your business with professional scalp services
- How the scalp ages and how Scalp Solutions products and services support a healthy scalp and healthy hair
- The 15-Minute and 75-Minute Scalp Renewal treatments and how to introduce to your guests

Note: This is a hands-on class for stylists where you will be both performing and receiving the service.

OSLO

MARCH 19

TIME: 10:00-17:00

WHERE: RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: FREE LEVEL: EVOLVE

BUSINESS

DISCOVER AVEDA & RITUALS OF RENEWAL **EXCEED EXPECTATIONS**

Elevate your guest's experience in an authentic, Aveda-way. Rituals of Renewal are complimentary, mini-services that we offer all Aveda guests and are deeply rooted in Aveda heritage.

Each ritual provides guests a moment of well-being and product experience using Aveda's unique high-touch approach. Rituals of Renewal allow us to connect with guests in a meaningful way through the power of aroma, breath and touch and create memorable experiences that they keep coming back for. Join us to not only learn about the power of the rituals but also experience and practice them yourself. Take your service to the next level with Aveda's Rituals of Renewal.

LEARN

- The benefits of aroma, breath and touch an how they affect our stress response
- What the core Rituals of Renewal are and how to perform them
- How to integrate the Aveda Rituals of Renewal into your service experience

Note: This is a hands-on class for stylists where you will be both performing and receiving the service. Level: Discover

OSLO

FEBRUARY 6 APRIL 15

TIME: 10:00-13:00

WHERE: RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: FREE

COPENHAGEN

MARCH 5

TIME: 09:00-12:00

WHERE: BRØNNUMS HUS - August Bournonvilles Passage 1 (Kgs Nytorv) 1055 KØBENHAVN K

PRICE: FREE



BENCHMARKING 2.0

NEXT-LEVEL SUCCESS IN YOUR SALON BUSINESS

Take the guesswork out of making your salon profitable. This course delivers foundational knowledge about Aveda's specialized financial systems and strategies as well as best practices that support growth and maximize opportunities for you and your team. Best of all, you create and refine a personalized action plan for your salon that enables you to focus on leadership and steer your business toward greater success.

LEARN

- Analyze your salon's challenges and opportunities
- Integrate Aveda's benchmarking system of sustainable business practices
- Create a customized execution plan
- Practice Aveda's commitment to wellness in business and in life
- Prioritize leadership by focusing on your strengths

OSLO APRIL 4

TIME: 09:00-17:00

WHERE: WE ARE ONE - RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: 3500 NOK/SEK 2600 DKK



Ulf Schjerpen CEO We are one AS



AVEDA PURE COLOR MASTER ...



CALLING AVEDA COLOR ARTISTS!

The Pure Color Master Program is LIVE, we are seeking passionate, confident, and influential Aveda Artists who are wanting to push the limits of their skillset. By graduating as an Aveda Pure Color Master, you will elevate your color and business knowledge to the highest accolade being mentored by fully certified and experienced Aveda Educators and salon professionals.

Over this live 6 day, 2-part learning program you will achieve:

- A full Aveda color expert induction, covering 7 key technical elements designed to give the knowledge of a true master
- Social media training from Aveda Influencer Artists
- Presentation and facilitation certification
- Business acumen and benchmarking to invoke revenue potential
- Color application mentorship with exclusive Trend forecast access
- The chance to test and give feedback on future technical innovations
- Final test and graduation with pass, credit, or distinction

Join our exclusive color club! Once your certified we will have regular virtual check-ins, exclusive product insights and an annual color network meet.

LAUNCHING THIS FALL 2 X 3 DAYS TBC TIME: 09:00-17:00 WHERE: RIDDERVOLDS GATE 4, 0256 OSLO PRICE: 15.990 NOK/SEK 11.990 DKK

REGISTER YOUR INTEREST NOW, LIMITED PLACES AVAILABLE

ADVANCED COLOR

LOOK AND LEARN - IDA GUSTAVSSON

TREND & TECHNIQUES

POWER BLONDES AND PERFECT BRUNETTES

We've all seen the picture or friend with the "perfect hair". But what is the difference between a good hair color and a great hair color? And how do we make it happen? Come and learn all the tricks to what makes a hair color look 10/10. We will sort out simple mistakes and go deep into techniques & details suited for dimensional hair color on different levels. The course is for experienced hairdressers who want to sharpen their skillset and get new inspiration for their hair color designs.

NEW LAUNCH FALL 24 TIME: 10:00 - 16:00

WHERE: RIDDERVOLDS GATE 4, 0256 OSLO

PRICE: 3500 NOK/SEK 2600 DKK

IDA GUSTAVSSON

Ida Gustavsson is an experienced Aveda hair color technician and has been educating with Aveda hair color for 8 years. She is specialized in advanced color formulation for "lived in" hair color design, advanced foil techniques, foilayage and balayage.

@idagunel





BUMBLE AND BUMBLE.

Bumble and bumble. HAIR AND STYLING 101

ENHANCE YOUR NATURAL TEXTURE!

HAIR 101

We will give you a recap of the hair anatomy, and how hair pattern, texture, density, hair condition and porosity is key to discover which Bb. products are perfect for your client's hair.

LEVEL: DISCOVER

BOOK NOW VIA YOUR RBC

RAZOR CUT'N STYLE

WITH JØRGEN BECH & ELLIOTT SOLLI

Jørgen and Elliott specialize in razor cutting and enhancing hair's natural texture. In this class attendants can expect to learn the anatomy of the razor, different razor techniques and when to use them. They will also demonstrate how to hand style hair in its natural fall. LAUNCHING THIS FALL – GET FIRST IN LINE DATES TBC

Elliott specializes in gender neutral hairdressing and focuses on razor cutting techniques. they've also worked paris fashion week, editorial shoots, and backstage events. they began hairdressing in 2019 and joined bumble and bumble in 2023.

s on e also orial hey oined

@jrgnbch

@elliottsolli

WORKSHOP

TIME: 10:00 – 17:00 WHERE: WE ARE ONE -

RIDDERVOLDS GATE 4, 0256 OSLO PRICE: 3500 NOK/SEK 2600 DKK

LOOK & LEARN

TIME: 18:00 – 20:30 WHERE: WE ARE ONE

RIDDERVOLDS GATE 4, 0256 OSLO PRICE: 1500 NOK/SEK 1100 DKK

Jørgen has almost 10 years of experience in the field, and has educated since 2018. He has worked at both London and Paris fashion weeks, as well as winning the American Crew All Star in Norway in 2017, nominated in Hot Shot Men's during BTC One Shot 2017, nominated in Nordic Hairdresser of the Year 2019, winner of Bakstolen klipp 2021, nominated in Men's Hairdresser of the Year 2022 and winner of Womens hairdresser of the year 2023









Vi tilbyr 1 uke og 8 uker intensive makeup kurs.

Reserver din plass nå!

@lw_schoolofmakeup

HAIR STYLE

Rise to any style occasion with courses

that teach you how to combine the right products and techniques to create beautiful hair styles on any head of hair.

PURE STYLING - NORDIC EDUCATION TEAM 2H THEORY + INSPIRATION

Get a better understanding how to combine products that will complement each other and help you achieve the desired result. This class includes tips on how to enhance and defy frizz on curly hair

LIVE:

0256 OSLO

VIRTUAL:

LEVEL: DISCOVER

APRIL 11 FEBRUARY 15 TIME: 10:00-12:00 TIME: 09:00-10:30 WHERE: RIDDERVOLDS GATE 4. PRICE: FREE

PRICE: FREE LEVEL: DISCOVER

AVEDA PRODUCT KNOWLEDGE

3H THEORY + INSPIRATION

Are you new to AVEDA or just need to refresh your product knowledge? This class will give you a thorough tour of all AVEDA haircare and styling.

OSLO

FEBRUARY 7 APRIL 16

TIME: 10:00-13:00 WHERE:

RIDDERVOLDS GATE 4, 0256 OSLO PRICE: FREE

LEVEL: DISCOVER

COPENHAGEN

MARCH 4 TIME: 09:00-12:00

WHERE: **BRØNNUMS HUS**

AUGUST BOURNONVILLES PASSAGE 1 (KGS NYTORV)

1055 KØBENHAVN K PRICE: FREE

LEVEL: DISCOVER

HAIR COLOR AVEDA HAIR COLOR SYSTEMS & SOLUTIONS

Explore the endless possibilities with Aveda Hair Color systems and learn top placements, techniques and trends, from basic to advanced and everything in between. Live colorfully with beautiful, dimensional, 100% vegan hair color.

SYSTEMS:

HELLO. AVEDA HAIR COLOR!

Step inside the world of Aveda Hair Color and discover the distinct methods and techniques that make it outshine the competition. Join Aveda's coloring pros for an introductory workshop that will boost your confidence in formulating, mixing and applying different Aveda Hair Color categories. This course will increase your grasp of hair color fundamentals and explore the wide range of possibilities Aveda Hair Color offers. After hands-on practice and expert coaching, you'll be motivated to transform your guests' hair with vibrant color and expand your career as an Aveda colorist.

LEARN

How to connect color theory to the art of hair color. The fundamentals of Aveda Hair Color categories, including Full Spectrum PermanentTM, Enlightenment Blonding and Full Spectrum Demi+TM How to formulate each category successfully and create beautiful hair color results.

VIRTUAL:

JANUARY 9 MARCH 12 APRIL 22 TIME: 09:00-11:00 PRICE: FREE

SOLUTIONS:

HAIR COLOR FIXES REVEALED

What to do when you encounter a tough hair color challenge? Tackle it confidently with Aveda's proven color change techniques. From pre-treatments and post-treatments to performing color change applications, this course will guide you through Aveda's step-by-step solutions for overcoming common hair color challenges. Work with Aveda's expert colorists to decipher which technique to use and gain the hands-on practice you need to create the perfect hue for your guest—no matter what challenges you encounter along the way.

LEARN

How to connect color theory to the art of hair color. The fundamentals of Aveda Hair Color categories, including Full Spectrum PermanentTM, Enlightenment Blonding and Full Spectrum Demi+TM How to formulate each category successfully and create beautiful hair color results.

VIRTUAL:

IANUARY 10 MARCH 13 APRIL 23 TIME: 09:00-11:00 PRICE: FREE

ALCHEMY OF COLOR

NORDIC EDUCATION TEAM

3H THEORY + INSPIRATION

Welcome to a new way of thinking about color theory, Natural Remaining Pigment (NRP) and tonal value, one that achieves the true neutral, cool or vibrant hair color results you're looking for. In this course, you'll take a close look at the weights of colors and how to balance color weights and choose the correct Aveda Hair Color tools when formulating for neutral, cool and vibrant results. You'll leave the course prepared to take your newfound knowledge on how to enhance, refine and neutralize tone to create the hair color results you and your guests want.

LIVE OSLO:

MARCH 21 TIME: 10:00-13:00 WHERE: RIDDERVOLDS GATE 4

VIRTUAL:

FEBRUARY 13 TIME: 09:00-11:00 PRICE: FREE PRICE: FREE LEVEL: EVOLVE

NEW TALENT OF HAIRCOLOR

ALL TRAINEES, THIS IS FOR YOU!

Aveda hair color systems and solutions are for all artists new to Aveda hair color, but what if youre new to all hair color? This class will take you through all the laws of color and how we use it to mix beautiful customized hair color results using Aveda hair color.

LIVE OSLO:

JANUARY 18 TIME: 10:00-16:00 WHERE: RIDDERVOLDS GATE 4 PRICE: FREE

LEVEL: DISCOVER

FULL SPECTRUM DEMI+™ GET COLOR CONFIDENT WITH DEMI+™

In the world of hair color, not everything is permanent—nor should it be. Hair color trends are constantly changing, and Aveda's demi-permanent hair color category, Full Spectrum Demi+™ Custom-Deposit Treatment Hair Color,™ will help you stay on-trend. In this module, you'll learn firsthand how Aveda's high-performance, demi-permanent hair color line offers customized color results, great timing and amazing coverage. After this course, you'll see how quickly Full Spectrum Demi+™ will become your permanent solution to all your demi problems.

LIVE OSLO:

FEBRUARY 28 TIME: 10:00-13:00 WHERE: RIDDERVOLDS GATE 4 PRICE: FREE LEVEL: DISCOVER

THE ART OF COLOR CONSULTATION

TALK YOUR GUEST INTO BEAUTIFUL HAIR COLOR

Vibrant, beautiful hair color always begins with a great consultation. This course will reveal the essential connection between listening to your guest and selecting their ideal hair color shade. Learn how to use the consultation conversation to grow your benchmarks and keep your guests coming back for more great hair color.

LIVE:

JANUARY 30 TIME: 10:00-12:00 WHERE: RIDDERVOLDS GATE 4 PRICE: FREE

VIRTUAL:

FEBRUARY 14 TIME: 09:00-10:30 PRICE: FREE LEVEL: DISCOVER

AVEDA FULL SPECTRUM DEEP SYSTEMS

EXPLORE EVERY COLORFUL POSSIBILITY

Using color to create beauty is what hair colorists do best. This creative process involves looking at every color component, tool and technique available and determining how to best achieve the desired result . In this course, you'll explore how Full Spectrum Deep can expand your hair color palette, give you unlimited options and help you achieve the best results more efficiently than ever. Through group discussion, formulation practice and swatching activities, you'll gain a new perspective on hair color and be inspired to use the entire range of Aveda Hair Color to create unlimited color possibilities—from blondes to brunettes and everything in between.

JANUARY 11, MARCH 14 and APRIL 24 TIME: 09:00-11:00 PRICE: FREE LEVEL: EVOLVE

CULTIVATE YOUR COLOR: PURF BI ONDING

HELLO, BOMBSHELL! GIVE BLONDES THE GOLDEN TREATMENT Struggling with blonding bloopers? Learn the Golden Rules of blonding, and turn every challenge into a brilliant, beautiful blonde. This hands-on class reinforces blonding basics with proven techniques that will get you on the path to blonding success. From exploring how to maximize Aveda's blonding components to hands-on practice with double processing, toning and lowlighting, you'll have the language, formulas and techniques you need to ensure your guests receive the golden treatment.

LIVE OSLO:

APRIL 18 TIME: 10:00-17:00 WHERE: RIDDERVOLDS GATE 4 PRICE: FREE

LEVEL: EVOLVE

SCALP AND HAIR

We know that scalp care is the foundation of great style. Get to know the in-salon services that only an Aveda professional can provide to care for the guest's scalp in the best possible ways.

AVEDA PROFESSIONAL REMEDIES

SCALP SOLUTIONS PROFESSIONAL TREATMENTS

VISIBLY TRANSFORM HAIR AT THE SOURCE

Scalp health and care should be a part of every guest touchpoint. Guests come to us to understand how to not only address specific scalp concerns but also how to achieve their healthiest hair. It all starts at the scalp. Powered by Scalp Solutions, the Scalp Renewal Headspa, a luxurious, high-touch treatment, features professional-only products powered by plant actives to address key scalp concerns and help defend against the visible signs of premature scalp aging. This relaxing, sensorial scalp reset is designed to renew the scalp and senses and deliver visibly shinier, healthier hair after one service. This full-day, hands-on class for stylists allows you to learn, practice and receive the Scalp Renewal Headspa. Take your guest care to the next level with this luxurious, results-driven experience.

Level: Evolve

HAIR CUT

Be inspired by the masters of cutting with a variety of courses that begin with the fundamentals and build into advanced courses that unleash your creativity so you can create any hair cut imaginable.

CORE CREATIVE CUTTING

CREATE WINNING COMBINATIONS

What comes after mastering the basics? Mixing and matching them to create winning combinations of head-turning hair cuts. This course teaches you how to combine basic techniques with texturizing, disconnecting and under-cutting to create three contemporary short, medium and long hair cuts applicable to any salon guest. You'll leave the course with endless combinations and opportunities.

Level: Evolve

CORE CUTTING I

A CUT ABOVE THE REST

Experience more consistent results and less tension in your body, and turn first-time guests into loyal regulars by mastering the foundation upon which every hair cut is built. During this course, you'll learn the six principles of hair cutting—perspective, dimension, distribution of weight, elevation, overdirection and body position—and how they relate to each other and inform technique and shape. You'll put the six principles into practice during a hands-on workshop that will fine-tune your one-length, graduation and layering techniques and prepare you to build on your Aveda hair cutting foundation.

Level: Evolve

CORE CUTTING II

PURSUE MASTERY WITH EVERY CUT

Mastery isn't achieved by chasing the latest trends—it's achieved by properly learning the basics. Continue your investment in the fundamentals of hair cutting, and watch your skills progress as you create three advanced hair cuts. After taking a more in-depth look at the six principles of hair cutting—perspective, dimension, distribution of weight, elevation, overdirection and body position—you'll leave with the ability to create more classic hair cut shapes with beauty and precision.

Level: Evolve

CURL CONTEMPORARY

SCULPT YOUR WAY TO SUCCESS

This one's for the curls. Women are embracing their natural texture more than ever. From Instagram to fashion runways, curly hair is in, and it's not going away. In this course, you'll explore curly hair concepts and what you need to consider to achieve the looks guests want. You'll apply the principles of hair cutting with respect to curly hair and explore how to create both classic and creative shapes and sculpted silhouettes. Gain the knowledge and technical skills you need to craft curls with confidence.

Level: Evolve

PRECISION DRY-CUTTING

SMOOTH, SHARP AND SLEEK

We all know how the standard process goes: wash, cut, dry, style. But that isn't the only order of how a hair cut can go down. This class is all about learning the techniques behind dry-cutting. Learn soft texturizing techniques and time-saving approaches for dry-cutting on curly and wavy hair. Maximize the benefits of dry-cutting with these new techniques to achieve precision cuts and refined lines. The perfect cuts to go with the perfect blow dry—smooth, sharp and sleek.

Prerequisites: Core Cutting I and II

Level: Elevate

TEXTURE CUT

CUTS FOR EVERY CURL

More and more guests are embracing their natural texture—and that means opportunity for you. Boost your skills and confidence in cutting naturally textured hair in this one-day class. You'll learn and practice the fundamental techniques established by Aveda's top texture experts. And you'll be empowered to help your guests in achieving their hair goals.

Prerequisite: Texture Essentials e-learning module

Level: Evolve

HAIR COLOR

Explore the endless possibilities with Aveda Hair Color systems and learn top placements, techniques and trends, from basic to advanced and everything in between. Live colorfully with beautiful, dimensional, 100% vegan hair color.

ALCHEMY OF HAIR COLOR

IT'S ALL IN THE WEIGH YOU MIX

Welcome to a new way of thinking about color theory, Natural Remaining Pigment (NRP) and tonal value, one that achieves the true neutral, cool or vibrant hair color results you're looking for. In this course, you'll take a close look at the weights of colors and how to balance color weights and choose the correct Aveda Hair Color tools when formulating for neutral, cool and vibrant results. During the optional second half of the course, you'll practice some of these new mixing guidelines on your own, with coaching from one of Aveda's hair color experts. You'll leave the course prepared to take your newfound knowledge on how to enhance, refine and neutralize tone to create the hair color results you and your guests want.

Level: Evolve

BALAYAGE BASICS

FORGET THE FOIL, GO FREESTYLE WITH BALAYAGE

Liberate your highlights from foil, and embrace the balayage effect— a freehand hair color technique that takes a painterly approach to traditional highlights. Understanding the basic techniques and tools behind this popular hair color trend will increase your ability to create special effects on the hair—from subtle glimmers of blonde to ombre highlights with personality. In this interactive course, you'll learn basic balayage skills that will help you create artisanal hair color that looks spontaneous, but was carefully handcrafted by you.

Level: Evolve

BALAYAGE UNLIMITED

BEAUTY IN EVERY DIMENSION

Seasons and trends may change, but natural, dimensional hair color is here to stay. Freehand techniques invite hair colorists to blend art, chemistry and shape, apply formulas in inventive ways and push convention to create never-before-seen effects. Take your balayage skills beyond the basics with expanded ways to do freehand techniques in less time than traditional foil placements. You'll learn techniques inspired by Aveda hair colorists just like you that can transition guests from season to season using any range of blonde, brunette and red shades.

Level: Evolve

COLOR CRAFT

CREATE HIGH-DEFINITION COLOR

Embrace the extreme side of Aveda Hair Color—colors so bright, vibrant and intense that they require a master's insight to get it just right. Inspired by Ian Michael Black, Aveda Artistic Director, Hair Color, this course reveals his creative process for achieving kinetic color with all Aveda Hair Color categories, including Full Spectrum Vibrants.™ Learn insider tips for pushing tones to the extreme, including tone selection and placements that ensure your vivid color combinations are gorgeous, not gaudy. There's never been a better time to explore extremes, think big and make every color beautiful.

Level: Elevate

COLOR TALK

TALK YOUR GUEST INTO BEAUTIFUL HAIR COLOR

Vibrant, beautiful hair color always begins with a great consultation. This course will reveal the essential connection between listening to your guest and selecting their ideal hair color shade. Learn how to use the consultation conversation to grow your benchmarks and keep your guests coming back for more great hair color.

Level: Discover

COLOR VIBRANTLY

A SEMI-PERMANENT SOLUTION TO FLAT COLOR

Are your guests looking for a low-commitment hair color with a high shine and condition payoff? In this course, you'll learn everything you need to know about Full Spectrum Vibrants^{IM} Semi-Permanent Treatment Hair Color, including features and benefits, application and removal, and the range of hair color services you can perform on guests using its 11 shades. During the optional second half of the course, you'll practice some of these services on your own, with coaching from one of Aveda's hair color experts. You'll leave the course prepared to help your guests live their best vibrant life.

Level: Discover

COLOR WISE

WANTED: FEARLESS HAIR COLOR LEADERS

Think you'd make a great color educator? If you are a natural leader with an unbreakable loyalty to Aveda Hair Color, this course will prepare you to pass your expertise on to up-and-coming colorists at your salon. Under the expert guidance of seasoned Aveda educators, you'll learn the basic color curriculum and how to design and deliver interactive training that connects with every learning style. This three-day intensive learning retreat will push you out of your comfort zone and give you the tools, resources and hands-on practice you need to inspire the next generation of colorists.

Level: Elevate

FULL SPECTRUM DEEP™ SYSTEMS

EXPLORE EVERY COLORFUL POSSIBILITY

Using color to create beauty is what hair colorists do best. This creative process involves looking at every color component, tool and technique available and determining how to best achieve the desired result. In this course, you'll explore how Full Spectrum Deep™ can expand your hair color palette, give you unlimited options and help you achieve the best results more efficiently than ever. Through group discussion, formulation practice and swatching activities, you'll gain a new perspective on hair color and be inspired to use the entire range of Aveda Hair Color to create unlimited color possibilities—from blondes to brunettes and everything in between.

Level: Discover

FULL SPECTRUM™ FUSION

MIX IT L

You are the artist, and the hair is your canvas. That's why Aveda Hair Color was designed with individual components—to allow you to be a true artist. Aveda offers a comprehensive array of hair color components, and your unique artistry turns them into beautiful hair color again and again, guest after guest. In this revolutionary, results-based course, you'll learn how to liberate your formulations by intermixing Full Spectrum Permanent™ and Full Spectrum Deep™ in new ways to achieve new results. You'll return to the salon ready to mix things up and create exciting new formulas for your guests with creative confidence.

Level: Discover

FULL SPECTRUM PERMANENT:™ THE NEXT GENERATION

HAIR COLOR THAT JUST GETS BETTER-

FOR YOU AND THE PLANET

Welcome to the next generation of permanent hair color—introducing Full Spectrum Permanent™ Vegan Treatment Hair Color, with a proprietary alkalizer technology that provides increased color deposition, vibrancy and longevity. In this module, you'll meet the new and upgraded components—including two new bases, two new Pure Tones and one new Pure Pigment—and learn how to use them to create head-turning hair color your guests can feel good about. You'll leave the course ready to push your hair color customization as far as your imagination will take you.

Level: Discover

HAIR COLOR CERTIFICATION MAKE IT OFFICIAL: BECOME A CERTIFIED

AVEDA HAIR COLOR EDUCATOR

Do you have a passion for educating and inspiring hair colorists? Start your journey to become an Aveda Hair Color certified educator. In this intensive certification course led by Aveda's veteran hair color educators, you'll put your presentation and technical skills to the test and begin the process of becoming a certified educator. You'll deepen your understanding of Aveda Hair Color and practice facilitating foundational hair color courses before taking a written exam and being evaluated by a mentor. At the end of the training, you'll be assigned a certification level based on your performance and work with your mentor to determine the steps required to reach your goal.

Level: Elevate

HAIR COLOR SOLUTIONS

HAIR COLOR FIXES REVEALED

What to do when you encounter a tough hair color challenge? Tackle it confidently with Aveda's proven color change techniques. From pre-treatments and post-treatments to performing color change applications, this course will guide you through Aveda's step-by-step solutions for overcoming common hair color challenges. Work with Aveda's expert colorists to decipher which technique to use, and gain the hands-on practice you need to create the perfect hue for your guest—no matter what challenges you encounter along the way.

Level: Discover

HAIR COLOR SYSTEMS

HELLO, AVEDA HAIR COLOR!

Step inside the world of Aveda Hair Color, and discover the distinct methods and techniques that make it outshine the competition. Join Aveda's coloring pros for an introductory workshop that will boost your confidence in formulating, mixing and applying different Aveda Hair Color categories. This course will increase your grasp of hair color fundamentals and explore the wide range of possibilities Aveda Hair Color offers. After hands-on practice and expert coaching, you'll be motivated to transform your guests' hair with vibrant color and expand your career as an Aveda colorist.

Level: Discover

MASTER YOUR MIX

MASTER TIPS FOR CONSISTENTLY BEAUTIFUL COLOR

Creating the perfect hair color requires a unique point of view and creative thinking—something that Aveda's top hair color experts have mastered. This course takes you on an exploration of how the masters assess and select formulations using the color theory concepts of hue, saturation and intensity. Their approach is simple and easy to master with an open mind and a firm grasp of Aveda Hair Color components. Learn how to use the Aveda Color Wheel as a source of endless hair color inspiration and maximize Aveda Hair Color components to their fullest potential.

Level: Elevate

MERGING COLORS

BEAUTIFUL BLOCKING

Blocks of color create big results with minimal effort. A must-have skill for hair colorists, block coloring allows you to create eye-catching looks full of dimension and movement—all without the use of foil. The keys to success are artful placement, smart layering and cohesive tones. In this hands-on course, you'll learn four techniques to help you layer blocks of color and create multidimensional effects from subtle to dramatic. Practice each technique to perfection, and learn how to customize them to any guest.

Level: Evolve

NEXT LEVEL BLONDES

LIGHTEN UP

Are you a colorist looking to expand your blonding toolkit? In this advanced look-and-learn class, break down how to take basic blondes and turn them into the ultimate customized blondes. Explore assessing the health and integrity of the hair and enhancing a guest's features. Analyze a gallery of formulas and techniques for blonde and fashion hair color results, and review best practices to elevate your service and deliver the refined results your guests are seeking.

Level: Evolve

PURE FOILING

GIVE GUESTS THE HIGHLIGHTS

Think of highlights as hair's perfect accessory—they accentuate the best in every guest. This course will get you started with the foundational sectioning and dimensional foil techniques you need to create beautiful highlights ranging from bold ribbons to subtle radiance. Learn how Aveda's signature application techniques will enable you to create seamless, multidimensional hair color looks for every guest. You'll be inspired to perfect your foiling skills through expert demonstrations and hands-on mannequin workshops that will uncover the endless possibilities of this popular hair color service.

Level: Evolve

REVERSIBLE COLOR

A FRESH TAKE ON DIMENSION

Why blend in when you can stand out? In this three-hour module, you'll explore current hair color trends and learn a new take on dimension that mixes soft, seamless blending with strong lines. You'll review the Reversible Color looks, with a special focus on how to create red results and color textured hair. You'll leave the module prepared to translate the Reversible Color looks for your guests and use current hair color trends and the reversible color technique to help your guests stand out.

L**evel:** Elevate

TEXTURE COLOR

COLOR MY CURL

There is more to coloring textured hair than meets the eye. In this one-day course, you'll learn how different textures and other hair characteristics can affect hair color results and how to address the common challenges of coloring textured hair. You'll practice several on-trend color techniques and receive coaching from Aveda's texture experts. At the end of the course, you'll be confident and prepared to provide your textured hair guests with the hair color results they've been dreaming of.

Prerequisite: Texture Essentials e-learning module

Level: Evolve

HAIR STYLE

Rise to any style occasion with courses

that teach you how to combine the right products and techniques to create beautiful hair styles on any head of hair.

BEYOND BRAIDING

BROADEN YOUR BRAID HORIZONS

Embrace your fear of braiding! Begin with the basics, and then watch how quickly your confidence grows as you learn more advanced braiding techniques. From two-strand braids to eight-strand braids, from visible braids to traveling braids, in three hours you can master all of these techniques.

Level: Evolve

BRAIDS. KNOTS AND RODS

UP YOUR TEXTURE STYLE ANTE

Want to build your texture confidence—and clientele? Diversifying your texture services toolkit to provide your current and future guests with more finishing options is critical. In this course, created by Renée Gadar, Global Artistic Director, Texture, you'll review how to assess textured hair. You'll also learn six sought-after looks, plus the product selection and usage to support the styling technique and the finished look. This course will erase any texture timidity and allow you to take on texture with confidence.

Prerequisites: Texture Essentials e-learning module and Texture Style class **Level:** Evolve

CREATIVE SHAPE

WHIP CLASSIC HAIR STYLES INTO SHAPE

Break down the classics, and learn traditional French hairdressing techniques to help create any shape for any big event, from white wedding to red carpet. During this three-hour module, you'll learn how to put a modern finish on some of the most iconic hair styles.

Level: Evolve

CURLS AND COILS ESSENTIALS

See Featured Programs, page 5.

MASTERING MOVEMENT

THE ART OF THE BLOW DRY

Get to know the methods, attachments, products and tools for all hair types and textures. A beautiful, polished blow-dry, is without a doubt, the most coveted look for most of our guests. In this class, acquire a variety of blow-drying techniques to master the perfect blow dry on any movement pattern in hair. Gain confidence in all the elements you need to consider, including direction, tension and heat control, brush choice and cooling. Create that perfect finish for the guest after any service or for a special occasion: You have the power to make your guest look and feel great.

Level: Evolve

MODERN MOVEMENT

2 ELEMENTS = UNLIMITED STYLES

When it comes to styling, heat and water are your new best friends: They give you the power to create the beautiful, versatile styles your guests are looking for. In this hands-on course, get to know a wide variety of heat styling and wet setting skills to create foundational hair styles on any hair type or texture. You'll be prepared to achieve fresh, modern looks that move with the guest using these tried-and-true techniques.

Level: Evolve

SALON SPEED STYLING

GET UP TO SPEED

Some of the most beloved hair styles can be created in no time. They start with a basic foundation that can be quickly transformed into a runway-worthy look. During this three-hour module, you'll learn how to create some of these speedy editorial hair styles and tips and tricks from the runway that will help you create great finishes for guests.

Level: Evolve

STYLING ESSENTIALS

STUNNING HAIR STYLES START HERE

Bring out the beauty in your hair cuts with smart hair styling. In this hands-on course, you'll play with the full line of Aveda hair styling products and learn how to incorporate them into essential hair styling methods, drying techniques and curl/wave enhancements. Find out how to match up different products and techniques and give each guest a show-stopping hair style they can replicate at home—a perfect opportunity to recommend Aveda products and increase your retail sales. At the end of the course, you'll be inspired to conclude every hair cut with a flattering hair style that could boost your retention and revenue.

Level: Discover

TEXTURE AND SETTING

SET THE STAGE FOR GREAT HAIR STYLES

Knowing how to create texture is an invaluable skill because it can be incorporated into nearly every hair style. From classic 1920s Marcel waves to more modern barrel curls, in three hours, you'll learn the setting techniques that help create the effortless-looking texture you see walking the runway today.

Level: Evolve

TEXTURE STYLE

GO NATURAL

At Aveda, we care for the world we live in. That means caring for every guest, every time, to address their unique needs. This one-day, hands-on texture class features the most sought-after results in natural hair styling from Aveda's top texture experts. Gain knowledge and technical skills to help you achieve beautiful styles for guests embracing their natural texture and living their best curly life.

Prerequisite: Texture Essentials e-learning module

Level: Evolve

SKIN/BODY

Thrive as an Aveda salon/spa professional with courses that treat the guest as a whole and allow the body to restore itself naturally from the inside out—all grounded in Ayurveda, the ancient healing art of India.

SKIN

DECONSTRUCTING THE FACIAL

ROAD MAP TO RADIANT SKIN

Calling all Aveda estheticians! This intensive, two-day, hands-on course offers the product knowledge and technical skills needed to perform Aveda Tulasāra™ Facial Treatment Protocols. If you are an esthetician who is new to the Aveda brand or needs deeper guidance on the products and techniques in the protocols, this class is designed for you!

Level: Evolve

EXFOLIATION DESIGN

BEAUTIFUL SKIN: EXPOSED!

Exfoliation is one of the most powerful aspects of a facial treatment—it can achieve immediate, visible results in the look and feel of the skin. Knowing when to exfoliate, what products to use and what process to follow depends on the guest's skin condition and imbalance. This advanced course takes exfoliation to the next level by teaching you Aveda's exfoliation products—including new customizable blends—and how to use them to create a customized facial treatment with exfoliation as the focus. Challenge your existing knowledge and enhance your skills as a professional esthetician as you learn how to customize every aspect of a facial treatment to achieve the short- and long-term results your guests are looking for through the power of exfoliation.

Level: Elevate

FACIAL FOCUS: MASSAGE

THE POWERFUL, POSITIVE RESULTS OF FACIAL MASSAGE
Facial massage is a powerful therapy that works to improve the function of the skin and visibly renew its appearance. In this exciting class in the Facial Focus series, you will be immersed in the signature Aveda massage techniques and learn how to choose the right technique for your guest based on their skin care needs and desired results. From the biological workings of facial anatomy to the intricacies of each massage movement, you'll learn and practice all four

techniques under the guidance of Aveda facial massage experts. Then return to your spa with the ability to customize your facial treatments with massage and create extraordinary experiences and radiant results for your guests.

Level: Elevate

KÜHL IT FACIAL THERAPY

YOU'RE SO KÜHL

Inspired by the skin care trend of cryotherapy (cold therapy), this course features cooling techniques—although our version is not sub-zero!—and products that contain caffeine to rejuvenate, soothe and calm skin. Developed by Aveda Guest Artist Krista Kiley, this hands-on course will teach you to customize the guest's experience with various versions of the treatment, from a complimentary 90-second hand experience to a 90-minute facial option for a full-fledged immersion in the refreshing world of kühl.

Level: Elevate

PLANT STEM CELL + PLANT ACID FACIAL TREATMENTS

DUAL ACTION, THREE POWERFUL TREATMENTS

Transform your guests' skin with three innovative facial treatments powered by dual plant active technology, custom blends, and therapeutic elements of aroma, temperature and energy balancing and massage techniques that achieve immediate, visible results in just one treatment. In this course, you'll learn how the three Plant Stem Cell + Plant Acid Facial

29

Treatments hydrate, luminize or refine pores and review the theory and advanced-performance products behind these powerful treatments. You'll also perform them during an optional hands-on workshop and explore ways to customize them to meet your guests' specific needs. This course will advance your technical skills, elevate your facial treatment portfolio and inspire you to create holistic treatment plans that recruit new guests and keep existing guests coming back.

Level: Evolve

PROFESSIONAL SKIN CARE FOUNDATIONS

IMMERSE YOURSELF IN AVEDA SKIN CARE

Aveda Spas are centers of transformation that combine the best spa experience in the industry with the advanced-performance results guests want. Created for estheticians who are new to Aveda, this class covers the foundations of becoming a successful Aveda Skin Care professional. You'll learn the unique Aveda Spa approach, including foundational philosophies and skin care products, and how to incorporate the Aveda Spa Service Cycle, Aveda Spa Rituals of Renewal and Focus-Touch-Offersm System into your facial treatments. You'll leave the course prepared to provide guests with the complete Aveda Skin Care experience.

Level: Discover

THERMAL FACIAL THERAPY

A WARM WELCOME FOR YOUR SKIN

Under stress, skin is the last place in our bodies to receive nourishment from blood flow. This hands-on course is designed to increase your understanding of the benefits of increasing warmth and circulation for sluggish, stressed skin. Learn and practice new facial massage techniques that will maximize skin's glow. We'll also dive more deeply into Aveda Skin Care products with ingredients to warm and nourish depleted skin. It's time to turn up the heat.

Level: Elevate

TULASĀRA™ FACIAL TREATMENTS: DRY/AGING/UNEVEN SKIN TONE

TRANSFORM SKIN WITH THE MAGIC OF MASSAGE

Immerse yourself in Aveda's Spa's customizable approach to skin transformation, and explore how the right combination of products and techniques can achieve immediate, visible results in dry, aging and uneven-looking skin, three of the top global skin care concerns. Learn how the massage-focused Tulasāra™ Dry/Aging/Uneven Skin Tone Facial Treatment featuring Aveda Professional™ Vitamin C Complex and Transforming Massage Masque increases microcirculation and improves hydration, moisturization, radiance and the appearance of fine, dry lines. Review the theory and products behind this powerful treatment, perform it during a hands-on workshop and explore ways to customize it to meet the needs of guests struggling with these skin conditions. This course will help you advance your career as an esthetician and inspire you to create holistic treatment plans that keep these guests coming back.

Level: Evolve

TULASĀRA™ FACIAL TREATMENTS: DRY AND SENSITIVE

KISS DRY AND SENSITIVE SKIN GOODBYE

Immerse yourself in Aveda's Spa's customizable approach to skin transformation, and explore how the right combination of products and techniques can achieve immediate, visible results in dry, dull or sensitive skin, some of the top global skin care concerns. Learn how the Dry Facial Treatment improves skin moisturization, radiance and smoothness and how the Sensitive Facial Treatment improves skin moisturization and radiance and reduces visible skin redness. Review the theory and products behind these powerful treatments, perform them during a hands-on workshop and explore ways to customize them to meet the needs of guests struggling with these skin conditions. This course will help you advance your career as an esthetician and inspire you to create holistic treatment plans that keep these guests coming back.

Level: Evolve

TULASĀRA™ FACIAL TREATMENTS: DUAL EXFOLIATION PEELsM

EXPOSE BEAUTIFUL SKIN

The demand for professional exfoliation treatments continues to grow—a demand Aveda meets with the power of innovative botanical approaches that achieve immediate, visible results without jeopardizing the integrity of the skin. Learn how the treatment achieves better results than a combined microdermabrasion/30% glycolic peel treatment in both immediate smoothness and radiance as you watch a full demonstration of the treatment and participate in a hands-on workshop. Review the theory and products behind this powerful treatment and how to customize it to meet the needs of guests struggling with aging, hyperpigmented or acneic skin. This course will help you advance your career as an esthetician and inspire you to create holistic treatment plans that keep these guests coming back.

Level: Evolve

TULASĀRA™ FACIAL TREATMENTS: OILY AND ACNE

SKIN WITH A CLEAR CONSCIENCE

Immerse yourself in Aveda Spa's customizable approach to skin transformation, and explore how the right combination of products and techniques can achieve immediate, visible results in oily or acneic skin, two of the top global skin care concerns. Learn how the Oily and Acne Facial Treatment reduces surface sebum, clogged pores and the appearance of pore size and improves skin smoothness. Review the theory and products behind these powerful treatments, perform them during a hands-on workshop and explore ways to customize them to meet the needs of guests struggling with these skin conditions. This course will help you advance your career as an esthetician and inspire you to create holistic treatment plans that keep these guests coming back.

Level: Evolve

BODY

ADVANCED MASSAGE TECHNIQUES: DEEP TISSUE FOR THE SHOULDERS AND BACK I

THERE'S NO BUSINESS LIKE BACK BUSINESS

Change is good, but it often requires a stronger focus. Discover how you can promote true change in your guest's body using deep tissue massage techniques that concentrate on releasing the tension that lurks within the human anatomy. Under the expert guidance of advanced spa professionals, you'll focus on the posterior shoulder and upper, middle and lower back and practice the deep tissue massage techniques that stimulate healing in these areas. Find out how you can grow your business by offering this in-demand massage service to your guests and transforming their bodies for the better.

Level: Advance

ADVANCED MASSAGE TECHNIQUES: DEEP TISSUE FOR THE SHOULDERS AND BACK II

HAVE YOUR GUESTS' BACKS

Change is good, but it often requires a stronger focus. Continue to discover how you can promote true change in your guest's body using deep tissue massage techniques that concentrate on releasing the tension that lurks within the human anatomy. Under the expert guidance of advanced spa professionals, you'll focus on the neck, anterior shoulder, and lower back and hips, and practice the deep tissue massage techniques that stimulate healing in these areas. Find out how you can grow your business by offering this in-demand massage service to your guests and transforming their bodies for the better.

Level: Advance

ADVANCED MASSAGE TECHNIQUES: FOOT REFLEXOLOGY I

START OFF ON THE RIGHT FOOT

Our feet hold great healing power—a secret that ancient civilizations have known and practiced for centuries. This interactive workshop will introduce you to foot reflexology and how it triggers wellness from head to toe. You'll gain the know-how and hands-on practice you need to perform the techniques with confidence and sell them to your guests—no matter what your discipline. Estheticians and massage and nail therapists alike are invited to discover how foot reflexology can add another layer of wellness to their service.

Level: Elevate

ADVANCED MASSAGE TECHNIQUES: FOOT REFLEXOLOGY II

PUT YOUR BEST FOOT FORWARD

Our feet hold great healing power—a secret that ancient civilizations have known and practiced for centuries. This interactive workshop will refine your skills and teach you new ways to customize foot reflexology treatments using Ayurvedic/Elemental Nature⁵⁶⁶ and Chakra¹⁶⁷ reflexology techniques. You'll gain the know-how and hands-on practice you need to perform the techniques with confidence and sell them to your guests—no matter your discipline. Estheticians and massage and nail therapists alike are invited to discover how foot reflexology can add another layer of wellness to their service.

Level: Elevate

AVEDA MANICURES AND PEDICURES

AVEDA NAILS HANDS AND FEET

Our hands and feet are some of the most overworked—and overlooked—parts of our bodies. Explore the unique role of the Aveda nail therapist in creating nail treatments that nourish the hands and feet using the power of aroma, high-performance body care products and wellness rituals. In this course, you'll gain the knowledge you need to perform Aveda nail treatments, including the structure and function of the nails and skin and Aveda's body care product offerings, and practice performing an Aveda manicure and pedicure treatment during a hands-on workshop. You'll leave the course prepared to create nail treatments for every guest and ensure their hands and feet stay healthy, nourished and beautiful.

Level: Evolve

CHAKRA™ BALANCING MASSAGE

GOOD, BETTER, BALANCED

Ancient healing traditions believe illness is a symptom of something greater—an internal imbalance. Experience a day of hands-on learning that demonstrates how combining Aveda's Chakra™ aromas with specific massage techniques can promote balance in the mind, body and spirit. You'll explore the role of the seven chakras—the spinning wheels of energy located along the spine—and how to influence them through the art of aroma, massage and energy work. Guests will leave the treatment room with a renewed sense of balance and well-being.

Level: Evolve

ELEMENTAL NATURESM ENERGY MASSAGE TECHNIQUES

MAKE YOUR MASSAGES ENERGY-EFFICIENT

Ayurvedic tradition believes that our bodies are coursing with energy. Negative energy limits us, while positive energy keeps us balanced. Aveda believes that nature's five elements—infinity, air, fire, earth and water—play a critical role helping massage therapists create focused spa experiences for guests. This course will introduce you to subtle energy work—light touches with a strong emphasis on intention—and acupressure techniques that combine to bring your guests' bodies into balance. You'll group each technique by Elemental Natures for a fresh perspective on customizing your massages and a new way to speak with guests about the power of positive energy.

Level: Advance

STRESS-FIX™ BODY MASSAGE

GIVE STRESS AN EXIT STRATEGY

Stress is commonplace in the modern world—and the massage therapist plays a significant role in helping guests recover from the pace and pressures of everyday life. This one-day course focuses on the Stress-Fix™ Body Massage—a full-body treatment that merges the key stress-relieving techniques of Swedish and deep tissue massage, acupressure points, foot reflexology and meditation exercise. You'll also discover how to enhance your guest's recovery experience with Aveda's groundbreaking Stress-Fix™ aroma—a blend of lavender, lavandin and clary sage that is proven to relieve feelings of stress. By the end of the course, you'll be able to design a holistic, customized massage experience for your guests that will leave them feeling balanced and refreshed.

Level: Evolve

BUSINESS

Grow your professional development skills by attending courses that focus on helping you be a great team member or leader, including coaching, presenting, managing, communicating and more.

TRAINING & DEVELOPMENT AVEDA INTENTIONAL COACHING

COACH YOUR TEAMS TO GREATNESS

You are in a position of leadership, looking to cultivate the skills and talents of your team. Do you need concrete ideas on helping people reach their true potential? This course enables you to elevate your team using the Aveda Intentional Coaching model, which will help in any coaching situation. Learn how to connect on-the-job behaviors to business results and create a culture of accountability. Gain confidence in managing your own response to conflict and giving motivational feedback. Ultimately, you can empower your team members to find fulfillment while also taking the business to a higher level.

Level: Evolve

AVEDA RITUALS OF RENEWAL

EXCEED EXPECTATIONS

Elevate your guest's experience in an authentic Aveda way. Rituals of Renewal are complimentary mini-services that we offer all Aveda guests and are deeply rooted in Aveda heritage. Each ritual provides guests a moment of well-being and product experience using Aveda's unique high-touch approach. Rituals of Renewal allow us to connect with guests in a meaningful way through the power of aroma, breath and touch and create memorable experiences that they keep coming back for. Join us to not only learn about the power of the rituals but also experience and practice them yourself. Take your service to the next level with Aveda's Rituals of Renewal.

Level: Discover

BEHIND THE SCENES

AVEDA IMMERSION

What does Aveda do that makes it different? When the company first burst into the beauty industry, it started a revolution with high-performance, plant-based products—which continues to set Aveda apart. Experience Aveda like never before in engaging, interactive education that goes beyond product knowledge to reveal the mission, care and innovation behind every Aveda product. Whether you're new to the brand or a current Aveda enthusiast, every module will deepen your knowledge of the brand and empower you to share the Aveda love. This program goes Behind the Scenes and gets you fully engaged with Aveda.

The modules take a deeper look into the top products in each category. You'll discover Aveda artists' favorite products along with usage and recommendation tips and also gain real-world insights by practicing with guest profiles. Each session ends with The Art of Aftercare, enabling you to elevate your guest care with effective, personalized consultations and product and service recommendations.

Modules may be taken individually or as a series:

- Aveda History & Mission
- Hair Care Product Knowledge
- Hair Styling Product Knowledge
- Skin Care Product Knowledge
- Body Care & Aroma Product Knowledge
- Makeup Product Knowledge

Level: Discover

BEYOND THE SALON

Just starting out in the Aveda world? Looking to amp up your retention rate and your retail numbers while providing top-level service the Aveda way? Everything comes back to educating your guest. An initial deep dive into Aveda's most popular products and practices, this class will help you elevate your service skills to continue that support through homecare recommendations. You'll come away with a better understanding of the products and of the Aveda approach to guest service and effective communication, with more confidence to educate your clients about home care (not to mention a mini-kit of Aveda cult faves).

NOTE: This course is intended for new Aveda team members.

Level: Discover

CONNECT AVEDA

AT AVEDA, WE BELIEVE THAT LEARNING NEVER ENDS.

While learning never ends, preferences in learning have changed greatly in the last few years. To reflect these trends, new hire training now includes self-guided, virtual and live training, with coaching support to continue development. Learn about Aveda's culture, products and the service we provide our guests in the following e-learning modules available on Aveda PurePro⁵⁴¹

Level: Discover

THE FACILITATION PRINCIPLE

TURN PRESENTATIONS INTO LEARNING EXPERIENCES

Educators do more than just present. An educator strives to create a safe learning space, deliver information clearly and ensure that participants remain engaged throughout the process. In this motivational, activity-packed course, you will learn to identify different learning styles from the concept of doshas (mind-body types), based in Ayurveda, and adjust your teaching style to keep participants engaged.

NOTE: This course is intended for anyone who aspires to teach and current Aveda educators who want to improve their skills.

Level: Elevate

THE PRESENTATION PRINCIPLE

ENGAGE, PRESENT, IMPACT

Presenters deliver information to a number of different audiences. In this twoday class, you'll learn how to create impactful presentations and deliver them in an engaging way, from introduction to conclusion. Participate in interactive activities during which you record your own presentations to evaluate your progress and identify areas of opportunity. Broaden your presentation skills and gain the practice and confidence you need to deliver messages to diverse audiences big and small.

Level: Elevate

PRINCIPLES OF EDUCATION

GET SCHOOLED IN EDUCATION EXCELLENCE

Creating an effective education experience requires so much more than great presentation skills. As an Aveda educator, you need a strong command of three essential skills— coordinating, presenting and facilitating. The combination of these elements creates a firm foundation for world-class education and an active, inspiring learning environment for any audience. Begin to build your training skills in this interactive introduction to educating that provides you with the tools and practice you need to grow as an educator—both behind the scenes and at the front of the room.

Level: Evolve

BUSINESS FOR OWNERS & STYLISTS: CONSULTATION

TEXTURE TALK: THE ART OF CONSULTATION

MAXIMIZE YOUR TEXTURE BUSINESS

There's never been a more critical time for companies to build and sustain deeper, more meaningful connections with all guests—not only to grow their relationships, but to protect them. Join us for this two-hour educational event with a member of Aveda's Global Texture Team and learn to create systems that ensure a common language and consistent timing measures for all guests. Create safe, equitable places for every guest. Transition into a new standard of hair consultation.

Prerequisite: Texture Essentials e-learning module

Note: This class is focused content for professional salon teams.

Level: Evolve

THE ULTRA-PERSONALIZED CONSULTATION

THE GAME-CHANGING CONSULTATION

Care for your guests AND your bottom line? Increase service and retail sales and improve guest retention at your salon. This 90-minute virtual class for owners and stylists provides the information you need to assess each guest's archetype. This allows you to prescribe customized service and product recommendations based on the guest's number one priority and preference. Elevate your consultations and recommendations—starting now.

Level: Elevate

& STYLISTS: SOCIAL MEDIA BUILDING YOUR CONTENT:

CONTENT PLANNING

SOUNDS LIKE A PLAN!

The days of "just posting" on social media or only posting content every six months are over. If you are serious about growing your brand, your plan must include a content strategy. Join us to learn why content planning is important as well as how content calendars serve as a framework for what your brand/business plans to share and promote across your social media channels. Use this opportunity to learn how to best plan out your content, target your audience, and create consistency with your posting to lead to higher engagement rates and growth for your brand.

Level: Evolve

BUILDING YOUR CONTENT: INSTAGRAM VIDEO

LIGHTS, CAMERA, ACTION!

As the world of social media evolves, visual content is more likely to be shared than all-text content, and video is no exception. Video has quickly become the most successful way to communicate with and engage your followers. When done well, video captures peoples' interest within the first few seconds—and leaves them wanting more. Are you creating engaging video content? Are you making the most of your video assets across Instagram? In this course, you'll learn the importance of embracing video and how to create engaging Instagram video content that attracts and engages new followers and ultimately, builds your brand behind the chair or behind the front desk.

Level: Evolve

BUILDING YOUR CONTENT: LIVESTREAMING/SOCIAL SELLING

LIVE AND IN PERSON!

Livestreaming hasn't been with us for too long, but it's quickly gaining traction and attention. This new way of connecting with your guests is projected to skyrocket in the coming years. Join us to learn more about this new way of reaching your existing followers and also recruiting new ones. In this course, you'll discover what is needed to create compelling, engaging and educational livestreams. Learn how to leverage livestreams across multiple social media platforms, feature products and services to support your social selling skills and watch your business grow!

Level: Evolve

BUILDING YOUR CONTENT: TIKTOK

TIME'S TIKTOK-ING, WHAT ARE YOU WAITING FOR?

In 2020, TikTok surpassed Facebook to become the most-downloaded app in the world. With more than 3 billion downloads globally, TikTok is a unique platform that relies on creativity, experimentation, entertainment and unpolished "real life," which is why people love it. In this course, you'll learn the importance of embracing TikTok and how to create a TikTok presence in an authentic and unpretentious way that attracts new followers and ultimately builds your brand behind the chair or behind the front desk.

Level: Evolve

BUILDING YOUR CONTENT: YOUTUBE

STRAIGHT TO VIDEO

With YouTube being the world's second-largest search engine, second to Google, it is no wonder why every brand is on it. Every month, over a billion people visit this video-sharing site. The top content on YouTube is how-to videos, which is a natural fit for our industry. You are guaranteed to find an audience that you can engage and grow your brand with. In this class, you will learn how easy it is to get started, how it will be another platform to grow your brand and how you can leverage your other social media platforms to grow your YouTube channel.

Level: Evolve

SOCIAL MEDIA BUSINESS BUILDING: A-COMMERCE

DON'T SLEEP ON IT

Still not convinced about the power of social media? Wondering what the benefit is to your brand/business? Social media is here to stay, and it's not too late to cultivate your presence on social and drive growth for your brand. Join us to learn how to leverage social media to grow your business, improve your communication to your guests, engage and reach new audiences, build authority and drive traffic to your salon. Build your strategy for your social media presence, and ensure that you are working on the best platforms to achieve your goals.

Level: Evolve

YOU AS A BRAND

CLIMB THE SOCIAL MEDIA LADDER

What makes someone want to follow you on social media? What makes someone continue to follow you? The answer is simple, though the process is a little more involved—establish your brand. In this course, you'll learn what goes into establishing your brand on social media and how to attract, engage with and retain followers. Whether you're just starting out using social media or a seasoned pro, whether you're behind the chair or behind the front desk, this course will help you grow your business—and a social following.

BUSINESS FOR OWNERS BENCHMARKING ESSENTIALS

CULTURE: THE INSIDE STORY

BUILD A STRONG CULTURE, GROW A STRONG BUSINESS

Facilitated by Maggie Dame, owner of Dame Salon Spa

Cultivate a heart-driven culture grounded in CARE for your team, guests, and the world we live in, and build a values-based foundation for recruitment, retention, service delivery and financial wellbeing.

This two-part program helps you define, or refine, your purpose, determine your salon's values and provides clear actions on how to bring your culture to life. You will be guided through how to engage team members through focused, consistent, culture-centered communication and systems. By the end, you will understand how to leverage your salon's culture for long-term success.

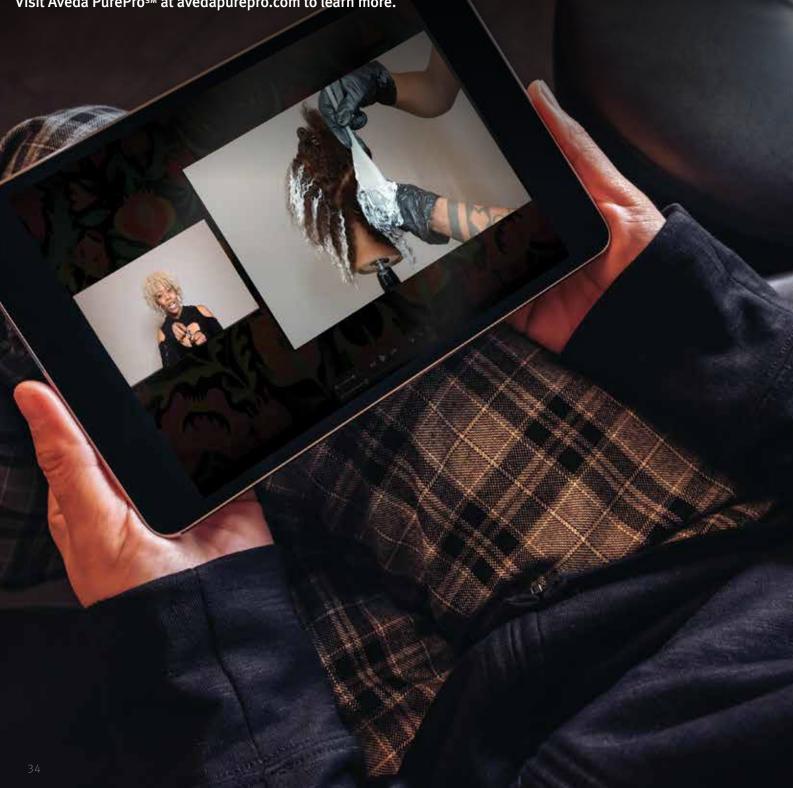
Level: Evolve

Aveda PureProsm

Instant inspiration. At Aveda, we believe that learning never ends. No matter your level of technical skill, job role or current place in your career, there are always opportunities to grow.

Aveda Education connects you to online learning that will inspire and motivate you to grow as an artist—anytime, anywhere and at your own pace.

Visit Aveda PurePro^{s™} at avedapurepro.com to learn more.





SELF-GUIDED LEARNING

Learn what you want, when you want.

Aveda's self-guided learning series puts you in control of your learning goals and outcomes. Choose learning that interests you, learn when it's most convenient and go at your own pace.

HAIR COLOR SYSTEMS ONLINE LEARN AVEDA HAIR COLOR 24/7

Learn the fundamentals of the Aveda Hair Color system and how to use it to formulate for beautiful, customized results. This self-guided course is organized into short, 10-minute modules that you can complete on any device: mobile, tablet or desktop. From natural to vibrant, Aveda Hair Color has a formulation for virtually every hair color guest.

PROFESSIONAL SPA SERVICE FOUNDATIONS

JOIN THE AVEDA SPA TRANSFORMATION

Aveda Spas are centers of transformation that combine the best spa experience in the industry with the advanced-performance results guests want. Created for estheticians, massage therapists and nail technicians, this self-guided learning series covers the foundations of becoming a successful Aveda Spa professional. You'll learn the unique Aveda Spa approach, including foundational philosophies and product knowledge, and how to incorporate the Aveda Spa Service Cycle, Aveda Spa Rituals of Renewal and Focus-Touch-Offers System into your treatments. After completing the series, you'll be prepared to provide guests with the complete Aveda Spa experience.

STYLING ESSENTIALS

STUNNING HAIR STYLES START HERE

Bring out the beauty in your hair cuts with smart hair styling. In this self-guided learning series, you'll learn about the full line of Aveda Hair Styling products and how to incorporate them into essential hair styling methods, drying techniques and curl/wave enhancements. Find out how to match up different products and techniques and give each guest a show-stopping hair style they can replicate at home—a perfect opportunity to recommend Aveda products and increase your retail sales. After completing the series, you'll be inspired to conclude every hair cut with a flattering hair style that could boost your retention and revenue.

Level: Evolve

THE ART AND SCIENCE OF HAIR COLOR

CREATE COLOR MASTERPIECES

Coloring hair is a transforming experience that brings hair to life in a new way through chemistry—the way color formulas react with hair. That's why the application of hair color is both an art and a science that requires intuition; imagination; creative expression; soft skills, including the ability to consult with guests; and technical knowledge and skills. When all of these things come together, the results are inspiring, and the possibilities are endless. The Art and Science of Hair Color self-guided learning series will provide you with the tools you need to achieve consistency—and eventually, mastery—in hair color application.

Level: Discover

Aveda Artist International Portfolio

Learn from the best and be inspired by these talented, motivational artists.

Each artist is available to share their tips, creative vision and industry secrets, all of which will help you grow your business and achieve success.

The artists can be booked for team training and individual coaching or according to your individual requirements.

Please contact your SDP to book.



INGRID FOSSUM AVEDA EDUCATOR Coma Frisør, Norway



IDA GUSTAVSSON AVEDA EDUCATOR Remedy, Norway



LOUISE KJÆR EDUCATION MANAGER Aveda Nordic



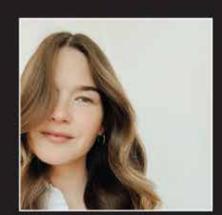
PAULINE DAVIDSSON AVEDA EDUCATOR Åresaksen, Sweden



EVA SANDELGÅRD AVEDA EDUCATOR Hej!, Sweden



MARI LUNDMARK AVEDA EDUCATOR By Deco, Sweden



TRUDE NIKOLAISEN AVEDA EDUCATOR Remedy, Norway



BIRGER LØKENG BUMBLE AND BUMBLE EDUCATOR Billy's, Norway



HANI AMMAR
BUMBLE AND BUMBLE EDUCATOR
Billy's, Norway



BECCA WESSEL AVEDA EDUCATOR Dugg, Norway



DANIELLA DIF AVEDA EDUCATOR Palma, Copenhagen



KATRINE JAKOBSEN AVEDA EDUCATOR Houlberg, Denmark

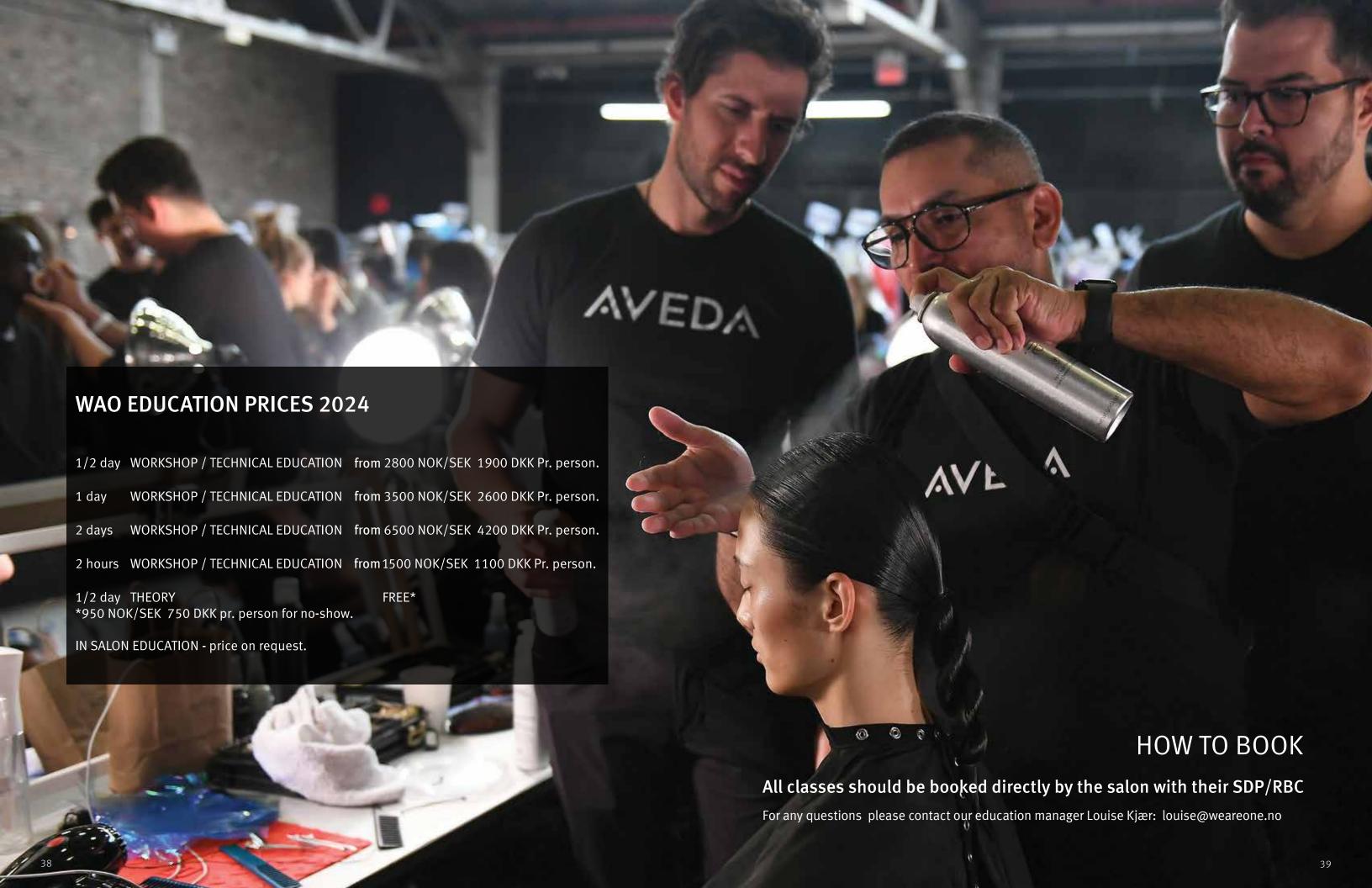


JØRGEN BECH BUMBLE AND BUMBLE EDUCATOR Syvogtyve, Norway



ELLIOTT SOLLI
BUMBLE AND BUMBLE EDUCATOR
Syvogtyve, Norway

ble and bumble Artist ic Education Team





Our mission at Aveda is to care for the world we live in, from the products we make to the ways in which we give back to society. At Aveda, we strive to set an example for environmental leadership and responsibility, not just in the world of beauty, but around the world.

AVEDA EDUCATION

Bumble and bumble.

